

PRIMETIME IS NOW

VIRTUAL MEETING FORMAT

OPEN ALCOHOLICS ANONYMOUS MEETING

_____ DAY, 7:30 – 9:00 PM

WELCOME TO THE _____ DAY NIGHT VIRTUAL PRIME TIME IS NOW MEETING OF ALCOHOLICS ANONYMOUS. MY NAME IS _____, AND I'M AN ALCOHOLIC.

BEFORE WE BEGIN, A FEW THINGS TO NOTE WITH OUR NEW VIRTUAL FORMAT:

- 1. IF YOU CHOOSE TO TURN YOUR CAMERA ON, YOUR VIDEO WILL BE DISPLAYED TO THE GROUP**
- 2. PLEASE DO NOT RECORD THIS MEETING IN ANY FORMAT. AN AUDIO RECORDING ONLY WILL BE KEPT TO SHARE ON THE PRIME TIME IS NOW WEBSITE.**
- 3. PLEASE KEEP YOUR MICROPHONE MUTED THROUGHOUT THE MEETING. IF YOU WOULD LIKE TO SHARE OR ASK A QUESTION, YOU CAN RAISE YOUR HAND DURING THE SHARING PORTION AFTER OUR SPEAKER IS DONE. THERE IS A “RAISE HAND” ICON ON THE BOTTOM RIGHT HAND SIDE OF THE ZOOM APP THAT WILL SIGNAL THAT YOU WOULD LIKE TO BE CALLED ON. IN THE ORDER THAT YOU RAISED YOUR HAND, YOU WILL BE UNMUTED AND ASKED TO SHARE.**
- 4. THERE ARE DETAILS ON FACEBOOK FOR VENMO @CRAIG-MIRIJANIAN AND PAYPAL Astridhowe@gmail.com FOR OUR 7TH TRADITION.**

LET'S OPEN WITH THE SERENITY PRAYER:

“GOD, GRANT ME THE SERENITY
TO ACCEPT THE THINGS I CANNOT CHANGE,
THE COURAGE TO CHANGE THE THINGS I CAN,
AND THE WISDOM TO KNOW THE DIFFERENCE.”

ALCOHOLICS ANONYMOUS IS A FELLOWSHIP OF MEN AND WOMEN WHO SHARE THEIR EXPERIENCE, STRENGTH AND HOPE WITH EACH OTHER THAT THEY MAY SOLVE THEIR COMMON PROBLEM AND HELP OTHERS TO RECOVER FROM ALCOHOLISM.

THE ONLY REQUIREMENT FOR MEMBERSHIP IS A DESIRE TO STOP DRINKING. THERE ARE NO DUES OR FEES FOR A.A. MEMBERSHIP; WE ARE SELF-SUPPORTING THROUGH OUR OWN CONTRIBUTIONS.

A.A. IS NOT ALLIED WITH ANY SECT, DENOMINATION, POLITICS, ORGANIZATION OR INSTITUTION; DOES NOT WISH TO ENGAGE IN ANY PUBLIC CONTROVERSY, NEITHER ENDORSES NOR OPPOSES ANY CAUSES. OUR PRIMARY PURPOSE IS TO STAY SOBER AND HELP OTHER ALCOHOLICS TO ACHIEVE SOBRIETY.

THE PURPOSE OF THE *PRIMETIME IS NOW* MEETING IS TO TALK ABOUT THE REASON TO COME TO ALCOHOLICS ANONYMOUS; TO EXPOSE ALCOHOLISM NOT JUST AS A WORD, BUT AS A LIVING MIND-POWERED DISEASE; HOW THE DISEASE APPEARS IN OUR LIVES **TODAY** IN ORDER TO DEEPEN OUR AWARENESS OF WHAT WE ARE UP AGAINST.

ALCOHOLISM IS CALLED “ISM” BECAUSE IT IS ALIVE AND FUNCTIONING AND NEEDS TO BE TREATED. WE DISCUSS HERE STRICTLY THE DISEASE AS IT MANIFESTS IN EACH OF OUR OWN PERSONAL LIVES. THE WAY OUR BEHAVIOR IS THIS DAY. THE WAY WE REACT OR LOOK AT PEOPLE, PLACES AND THINGS.

WE **DO NOT** TALK ABOUT DRUNK-ALOGUES, YESTERDAY'S PROBLEMS OR BLAMING OTHER PEOPLE. WE TALK ONLY ABOUT LOOKING INWARDLY, DESCRIBING HOW "**SELF**" BEHAVES IN THE **DAY WE ARE IN.**

FIRST, WE WILL HAVE A SPEAKER WHO WILL TALK ABOUT THE PURPOSE OF COMING TO A.A. FOR APPROXIMATELY 25 TO 30 MINUTES. THEN WE WILL HAVE SHARING AND/OR QUESTIONS AND ANSWERS. SHARING IS **STRICTLY** LIMITED TO 5 MINUTES OR LESS. WE DO NOT ALLOW FOUL LANGUAGE, AS THESE MEETINGS ARE RECORDED AND CD'S TRAVEL ALL OVER.

LEADER SHARES 25-30 MINUTES

(AT THE CONCLUSION OF THE LEADER SAYS:)

Our 7th Tradition states that we are self supporting through our own contributions. We don't pay rent for a meeting room, but we do pay for our use of the Zoom conferencing system. You can donate to this meeting through Venmo to @craig-mirijanian or PayPal to Astridhowe@gmail.com. Thank you.

AT 8:50 PM: END THE PARTICIPATION

ASK FOR THE SECRETARY'S ANNOUNCEMENTS:

LEADER ANNOUNCES:

AFTER A MOMENT OF SILENT MEDITATION FOR THE ALCOHOLIC WHO STILL SUFFERS, WILL _____ LEAD US IN THE LORD'S PRAYER