

Primetime North Carolina Online Meeting Format

Open Alcoholics Anonymous Speaker/Discussion Meeting

Begin the meeting at 12:00 Noon Pacific Time. Welcome to the Wednesday Primetime North Carolina meeting of Alcoholics Anonymous. My name is ----- and I am an alcoholic.

Before we begin, here are a few things to note with our online meeting format.

1. The audio portion of this meeting is recorded and posted on the primetimeisnow.com web site. If you do not wish to be recorded, please don't share. Video is not recorded.
2. You can change the name that appears when other people see you online. If you are concerned about your anonymity, we recommend that you do this.
3. If you join the meeting with your camera on, everyone in the meeting will be able to see you. You can turn off the camera in the meeting software.
4. Please keep your microphone muted at all times. During the sharing portion of the meeting, you can use the meeting software to "raise your hand" The leader or secretary will call on participants to share in order. If you can't figure out how to raise your hand, you can ask to share in the chat window.
5. Donation links for the seventh tradition are now being posted in chat. We pay for use of the conferencing software, the primetimeisnow.com website, contributions to AA in LA and New York and expenses related to restarting face-to-face meetings. Feel free to donate if you care to.
6. This meeting lasts for an hour and a half. We have time limits on sharing. Do I have a volunteer to act as timekeeper?

Let's open the meeting with the serenity prayer.

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can and the wisdom to know the difference.

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with one another that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self supporting through our own contributions. A.A. is not allied with any sect, denomination, politics or institution; does not wish to engage in any public controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

The purpose of the Primetime North Carolina AA meeting is to talk about the reason to come to Alcoholics Anonymous; to expose alcoholism not just as a word but as a living, mind powered disease; how the disease appears and functions in our lives today in order to deepen our

awareness of what we are up against Alcoholism is called "ism" because it is alive and well and needs to be treated. We discuss here strictly the disease as it applies to each of our own personal lives; the way our behavior is this day; the way we react or look at people places and things. We do not talk about our drunkalogues, yesterday's problems or blaming other people. We talk only about looking inwardly, describing how self behaves in the day we are in. First we will have a speaker who will talk about the reason to come to A.A. For approximately twenty to twenty five minutes. Then we will have sharing and or questions and answers. Sharing is strictly limited to four minutes or less. The timer will give you a reminder after three minutes. We do not allow foul language as these meetings are recorded and the recordings travel all over the world. It is now my pleasure to introduce you to our speaker today, ----

Leader shares for 20 to 25 minutes. At the conclusion, the secretary says:

Thank you ---. We don't pay rent for a meeting room, but we do pay for our use of the Zoom conferencing system. The Venmo and PayPal donation links are being posted in the chat.

We will now begin the sharing portion of the meeting. sharing is strictly limited to four minutes or less. At the end of three minutes, the timer will give you a reminder. You will then have one minute to wrap up. Would anybody like to share or ask a question?

At 12:55 PM or so, end the sharing.

Ask for announcements

The Primetime Is Now fellowship maintains a website at primetimeisnow.com. The site contains a library of hundreds of recordings of meeting like this. There is also a list of Primetime meetings. We have speaker/discussions, book studies of the Big Book, 12 steps, Tiebout papers and Sermon on the Mount by Emmett Fox. Many of these meetings take place online. We also have a Facebook group. Links to these resources are being posted in chat.

After a moment of silent meditation for the alcoholic who still suffers, will --- lead us in the Lord's Prayer?

Links:

Venmo: @craig-mirijanian

Paypal astridhowe@gmail.com

Primetime Library: <https://primetimeisnow.com/library>

Primetime Meetings: <https://primetimeisnow.com/meetings>

Facebook Group: <https://www.facebook.com/groups/150420738368480/>